

SREEKRISHNAPURAM V.T. BHATTATHIRIPAD COLLEGE

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CRITERION - III RESEARCH, INNOVATIONS AND EXTENSION

3.4 Extension Activities

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3.4.3 Number of extension and outreach programmes conducted by the institution through organized forums including NSS/NCC with involvement of community during 2020-21.

S1. No	Name of the activity	Organising unit/agency/ collaborating agency	Page. No
1	Election Awareness Programme- Flash Mob and street play among General Public as a part of Election Awareness	National Service Scheme & SVEEP Palakkad	4
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9	Jeevamritham - Blood Donation	National Service Scheme& Blood bank ,Govt.Hospital, Perinthalmanna	22
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12	Soumyam-Donating fund to Soumya, a kidney patient in adopted Village	National Service Scheme & Sparsam	30
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17	Ardram-Regular team visiting to cancer patients	National Service Scheme & Sparsam	42
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2020-21

Report on Election Awareness Program, Flash Mob & Street Play

Programme Details in a Nutshell	
Name of the Event	Election Awareness Program - Flash Mob & Street Play
Nature of the Event	Extension Activity
Objectives	To educate and raise awareness among the youth about the importance of democracy and voting rights.
Date and Time	2020-21 Academic Year
Beneficiaries	The beneficiaries of the program were the fresh voters in Kadambazhippuram panchayath.
Venue or Platform	Kadambazhippuram
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini. K, Kamal Raj Mohan
Associating Agency	SVEEP (Systematic Voters' Education and Electoral Participation) Palakkad
Outcome / Benefit of the Programme	The program increased voter awareness and education among the youth, resulting in a more informed and engaged citizenry.



The National Service Scheme (NSS) unit organized an extension activity, "Election Awareness Program: Flash mob & Street Play", during the 2020-21 academic year. The program aimed to propagate the importance of democracy among the youth, specifically targeting fresh voters in Kadambazhippuram.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, in association with SVEEP (Systematic Voters' Education and Electoral Participation) Palakkad. The event featured a flash mob and street play, which were used as creative mediums to convey the significance of democratic participation and voting rights.

The program was successful in increasing voter awareness among the youth, with a focus on fresh voters. The event helped to educate and motivate young voters to exercise their democratic rights and participate in the electoral process.





2020-21

Report on Covid prevention activities - Sanitizing Hospitals and Public Places in association with Fire and Rescue Team

Programme Details in a Nutshell	
Name of the Event	COVID 19 prevention activities – Sanitizing Hospitals and Public Places in association with Fire And Rescue Team
Nature of the Event	Extension Activity
Objectives	To prevent the spread of infectious diseases, ensure clean and hygienic environment, and protect the health and well-being of patients, healthcare workers, and the general public by reducing the presence of harmful microorganisms and pathogens.
Date	1 st May to 1 st June 2022
Period of Activity	2021-2022
Beneficiaries	The patients, healthcare workers, visitors, and the general public who utilize these facilities, as well as the community at large, who gain a reduced risk of infection, illness, and disease transmission, and enjoy a cleaner and healthier environment.
Venue or Platform	Cherpulassery
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini K, Kamal Raj Mohan
Associating Agency	National Service Scheme SVTB College Mannampatta
Outcome/ Benefit of the Programme	It reduces the transmission of infectious diseases, prevents healthcare-associated infections, protects vulnerable populations, and creates a clean and hygienic environment, ultimately promoting public health, safety, and well-being.



Jishnu VP, an NSS volunteer from Sreekrishnapuram VT Bhattathiripad College, played a crucial role in supporting the community during the COVID-19 pandemic. Under the guidance of the Kerala Fire and Rescue Team, Jishnu contributed to sanitizing hospitals, public places, and schools, helping to prevent the spread of the virus.

In addition to sanitization efforts, Jishnu also assisted in delivering essential items, including medicines, to those in need. This selfless act helped alleviate the suffering of many individuals and families affected by the pandemic.

Through his dedication and commitment to serving the community, Jishnu demonstrated the true spirit of volunteerism and social responsibility. His contributions during a time of crisis have made a significant impact on the lives of many.

Jishnu's efforts have not only helped combat the spread of COVID-19 but also inspired others to engage in community service. His selfless actions have showcased the positive difference that individuals can make in society, particularly during challenging times.







Report on Covid Prevention Activities - Community Kitchen Work

Programme Details in a Nutshell		
Name of the Event	COVID 19 Prevention Activities - Community Kitchen Work	
Nature of the Event	Extension Activity	
Objectives	To provide nutritious food and promote food security, social inclusion, and community engagement among marginalized communities, while also fostering a sense of belonging and addressing hunger and malnutrition in the area.	
Date	25 th May 2022	
Period of Activity	2021-2022	
Beneficiaries	The marginalized communities in Kadambazhipuram, including the poor, vulnerable, and socially excluded individuals and families, who receive nutritious food, social support, and a sense of community, thereby improving their overall well-being and quality of life.	
Venue or Platform	Kadambazhipuram	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	National Service Scheme SVTB College Mannampatta	
Outcome / Benefit of the Programme	The Community Kitchen could provide nutritious food, promote social inclusion, foster community engagement, address hunger and malnutrition, and improve the overall well-being and quality of life for marginalized communities in Katambazhipuram, while also promoting dignity, self-esteem, and social cohesion.	



During the COVID-19 pandemic, the National Service Scheme (NSS) unit of Sreekrishnapuram VT Bhattathiripad College extended support to the community by assisting at the Panchayat-level Community Kitchen Centre initiated by the Kerala Government.

NSS volunteers played a crucial role in providing aid to those affected by COVID-19 and those under quarantine. Their contributions included:

- Distributing food and essentials to COVID-19 patients and quarantined individuals
- Assisting with kitchen operations and food preparation
- Providing emotional support and counselling to those in need

Through their selfless efforts, the NSS volunteers demonstrated their commitment to serving the community during a time of crisis. Their contributions helped mitigate the impact of the pandemic and ensured that vulnerable individuals received necessary support.Mangode Medical College, Cherpulassery School, Kadambazhippuram School, etc.







Report on Covid prevention activities-first class volunteer at Govt Medical college, Mangod

Programme Details in a Nutshell		
Name of the Event	COVID 19 prevention activities - first class volunteer at Govt Medical college, Mangod	
Nature of the Event	Extension Activity	
Objectives	To provide opportunities for students to engage in community service, develop leadership skills, and gain practical experience in healthcare settings, while promoting volunteerism, social responsibility, and community engagement.	
Date	6 Months	
Period of Activity	2020-2021	
Beneficiaries	The beneficiaries of the First Class Volunteer program at Govt Medical College, Mangode are the students who participate in the program, gaining valuable experience, skills, and knowledge in healthcare and community service, as well as the community and patients who receive quality care and support from the volunteers.	
Venue or Platform	Karuna Medical College,Mangode	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Govt Medical College, Mangode	
Outcome/ Benefit of the Programme	The benefit of the First-Class Volunteer program at Mangode Medical College is that it provided students with hands-on experience and skills in healthcare, leadership, and community service, while also enriching the lives of patients and the community, and fostering a culture of compassion, empathy, and social responsibility.	



During the COVID-19 pandemic, Gokul T, an NSS volunteer from Sreekrishnapuram VT Bhattathiripad College, rendered selfless service as a First-Class COVID Barrier Volunteer at Govt Medical College, Mangode, for a period of four months.

Gokul's dedication and commitment to serving the community during a time of crisis are truly commendable. As a COVID Barrier Volunteer, he played a crucial role in supporting the medical staff and ensuring the smooth functioning of the medical facility.

His contributions included assisting with temperature screening, sanitization, and crowd management, among other tasks. Gokul's efforts helped to mitigate the spread of the virus and provided vital support to the healthcare system during a challenging period.

Through his service, Gokul demonstrated the true spirit of volunteerism and community service, embodying the values of the NSS program. His contributions are a testament to the impact that dedicated individuals can have in making a positive difference in society.

Gallery



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Report On Covid prevention activities - Making and Distribution of

Sanitizers

Programme Details in a Nutshell	
Name of the Event	COVID 19 prevention activities - Making and Distribution of Sanitizers
Nature of the Event	Extension Activity
Objectives	To promote hand hygiene and reduce the risk of COVID-19 transmission by distributing sanitizers to the community. The program aimed to empower individuals to act towards community health and safety.
Date and Time	2020-21 Academic Year
Duration	3 months
Beneficiaries	The community members who received sanitizers, including students, teachers, and the general public. The community at large also benefited from the program, as it contributed to a reduction in COVID-19 transmission risk
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini K, Kamal Raj Mohan
Outcome / Benefit of the Programme	The outcome of the program was the successful distribution of sanitizers to the community, resulting in increased hand hygiene practices and reduced COVID-19 transmission risk. The benefit of the program was the empowerment of individuals to take action towards community health and safety, and the promotion of hygiene practices among the public.



The National Service Scheme (NSS) unit organized an extension activity, "Covid prevention activities-Coviclean-6 - Distribution of Sanitizers", during the 2020-21 academic year. The program aimed to support COVID-19 prevention efforts by distributing sanitizers to the community, promoting hand hygiene and reducing the risk of transmission.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was conducted over a period of 3 months. NSS volunteers distributed sanitizers to various sections of the community, including schools, colleges, and public places.

The program included activities such as procuring sanitizers, packaging, and distributing them to the community. The NSS volunteers also created awareness about the importance of hand hygiene and COVID-19 prevention practices among the community.

The outcome of the program was the successful distribution of sanitizers to the community, promoting hand hygiene and reducing the risk of COVID-19 transmission. The benefit of the program was the empowerment of individuals to take action towards community health and safety, and the promotion of hygiene practices among the public.

Gallery



P.O. Maniampatta Palakkad Dist. Pin-678 633



Report on COVID 19 Prevention Activities - Distribution of Mask

Programme Details in a Nutshell		
Name of the Event	COVID 19 Prevention Activities - Distribution of Mask	
Nature of the Event	Extension Activity	
Objectives	To promote respiratory hygiene and reduce the risk of COVID-19 transmission by distributing masks to the community.	
Date and Time	2020-21 Accademic Year	
Duration	3 months	
Beneficiaries	The community members who received masks, including students, teachers, and the general public.	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini. K, Kamal Raj Mohan	
Outcome / Benefit of the Programme	The outcome of the program was the successful distribution of masks to the community, resulting in increased respiratory hygiene practices and reduced COVID-19 transmission risk.	



The National Service Scheme (NSS) unit organized an extension activity, "Covid Prevention Activities-Coviclean-7- Distribution Of Mask", during the 2020-21 academic year. The program aimed to support COVID-19 prevention efforts by distributing masks to the community, promoting respiratory hygiene and reducing the risk of transmission.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was conducted over a period of 3 months. NSS volunteers distributed masks to various sections of the community, including schools, colleges, and public places.

The program included activities such as procuring masks, packaging, and distributing them to the community. The NSS volunteers also created awareness about the importance of respiratory hygiene and COVID-19 prevention practices among the community.

The outcome of the program was the successful distribution of masks to the community, promoting respiratory hygiene and reducing the risk of COVID-19 transmission. The benefit of the program was the empowerment of individuals to take action towards community health and safety, and the promotion of hygiene practices among the public.







Report on COVID 19 prevention activities - Covid Vaccination Registration

Help Desk

Programme Details in a Nutshell		
Name of the Event	COVID 19 prevention activities - Covid Vaccination Registration Help Desk	
Nature of the Event	Extension Activity	
Objectives	To provide assistance with COVID-19 registration and vaccination processes, and to support the healthcare system during the pandemic.	
Date and Time	2020-21 Academic Year	
Duration	3 months	
Beneficiaries	 Individuals who received assistance with COVID-19 Vaccination registration and vaccination processes, including vulnerable populations and those with limited access to technology. The Govt Hospital Kadambazhipuram and its staff also benefited from the program, as it helped to reduce their workload and streamline the registration process. 	
Organizing dept./ Cell	NSS	
Coordinator	Mini. K, Kamal Raj Mohan	
Associating Agency	Govt Hospital Kadambazhipuram	
Outcome / Benefit of the Programme	The outcome of the program was the successful assistance provided to individuals with COVID-19 registration and vaccination processes, resulting in increased vaccination rates and reduced COVID-19 transmission risk.	



The National Service Scheme (NSS) unit organized an extension activity, "Covid prevention activities-Coviclean-8– Covid Registration Help Desk", during the 2020-21 academic year. The program aimed to support COVID-19 prevention efforts by providing assistance with COVID-19 registration and vaccination processes at the Govt Hospital Kadambazhipuram.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was conducted over a period of 3 months. NSS volunteers worked at the help desk, assisting individuals with online registration, vaccination scheduling, and addressing queries related to COVID-19.

The program included activities such as setting up the help desk, providing technical assistance, and creating awareness about COVID-19 vaccination and registration processes. The NSS volunteers also helped to reduce the workload of hospital staff and ensured a smooth registration process.

The outcome of the program was the successful assistance provided to individuals with COVID-19 registration and vaccination processes, resulting in increased vaccination rates and reduced COVID-19 transmission risk. The benefit of the program was the empowerment of individuals to take action towards community health and safety, and the support provided to the healthcare system during the pandemic.















Report on COVID 19 prevention activities - Collection of Newspapers for Getting Fund for Medicines Programme Details in a Nutshell

riogramme Details in a routshen	
Name of the Event	COVID 19 prevention activities- Collection of Newspapers for Getting Fund for Medicines
	Fund for Medicines
Nature of the Event	Extension Activity
Objectives	To raise funds for purchasing medicines for COVID-19 patients and
	to support the community during the pandemic.
Date and Time	2020-21 Academic Year
Duration	2 months
Beneficiaries	COVID-19 patients who received essential medicines purchased with
	the funds generated through newspaper collection.
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini. K, Kamal Raj Mohan
Outcome / Benefit of	The outcome of the program was the successful generation of funds
the Programme	for purchasing essential medicines, resulting in critical support for
	COVID-19 patients.



The National Service Scheme (NSS) unit organized an extension activity, "Covid prevention activities-Coviclean-9 - Collection Of Newspapers For Getting Fund For Medicines", during the 2020-21 academic year. The program aimed to raise funds specifically for purchasing medicines for COVID-19 patients by collecting newspapers.

The program was led by NSS Coordinators Mini K and Kamal Raj Mohan, and was conducted over a period of 2 months. NSS volunteers collected newspapers from the community and sold them to generate funds. The funds raised were used to purchase essential medicines for COVID-19 patients.

The program was successful in generating funds through newspaper collection, which were used to purchase medicines for those in need. The program demonstrated the creativity and commitment of NSS volunteers in finding innovative ways to support the community during the pandemic.

The outcome of the program was the successful generation of funds for purchasing essential medicines, benefiting COVID-19 patients. The benefit of the program was the provision of critical support to those affected by the pandemic, and the demonstration of the power of community-led initiatives in making a positive impact.







Report on Jeevamritham - Blood Donation Camp

Programme Details in a Nutshell		
Name of the Event	Jeevamritham - Blood Donation Camp	
Nature of the Event	Extension Activity	
Objectives	To collect blood units to support medical treatments and save lives, and to promote community service and social responsibility among the college students and staff.	
Resource person	Ramachandran V, Councillor, Blood Bank Perinthalmanna	
Date and Time	03-03-2021	
Duration	1 day	
Beneficiaries	The patients in need of blood transfusions, who will receive the donated blood units, and the medical facilities, which will utilize the blood to support treatments.	
Venue or Platform	Mannampatta	
Organizing dept./ Cell	NSS	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Regional Blood Transfusion Centre, Blood Bank, Government Hospital, Perinthalmanna	
Fund details if any	Nil	
Outcome / Benefit of the Programme	The outcome of the program was the successful collection of 37 units of blood, which will support medical treatments and save lives.	



Sreekrishnapuram VT Bhattathirippad College, Mannampatta, organized a successful voluntary blood donation camp on March 3, 2021, in association with the Regional Blood Transfusion Centre, Blood Bank, Government Hospital, Perinthalmanna. The camp was held at Mannampatta, and a total of 55 voluntary blood donors participated in the event.

The blood donation camp was a huge success, with 37 units of blood being donated to the blood bank. This contribution will help support medical treatments and save lives in the region. The event demonstrated the college's commitment to social responsibility and community service.

The organizers of the event would like to extend their gratitude to the Regional Blood Transfusion Centre, Blood Bank, Government Hospital, Perinthalmanna, for their support and collaboration. The success of the event was made possible through the collective efforts of the college staff, students, and volunteers.

The blood donation camp has set a remarkable example of community service and social responsibility. The college is proud to have made a positive impact on the lives of many individuals and looks forward to organizing more such events in the future.









Report on Travelling Awareness Campaign With 'Votu Vandi'

Programme Details in a Nutshell	
Name of the Event	Travelling Awareness Campaign with 'Votu Vandi'
Nature of the Event	Extension Activity
Objectives	 To educate new voters on how to cast their vote using electronic machines and promote electoral awareness. To familiarize new voters with the voting process and encourage them to participate in the democratic process.
Date	1 st Dec to 2 nd Dec2020
Period of Activity	2020-21
Beneficiaries	The 500 new voters who were educated on the voting process and familiarized with the electronic voting machine.
Venue or Platform	Sreekrishnapuram V. T. Bhattathiripad College Mannampatta,& SVEEP Palakkad
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini K, Kamal Raj Mohan
Associating Agency	SVEEP (Systematic Voters Education And Electoral Participation) Palakkad
Outcome / Benefit of the	The outcome of the program was the successful education of new
Programme	voters on the voting process, resulting in increased electoral
	awareness.



The National Service Scheme (NSS) unit, in association with SVEEP Palakkad, organized a traveling awareness campaign, "Votu Vandi", to educate new voters on how to cast their vote using electronic machines. The program aimed to familiarize new voters with the voting process and promote electoral awareness.

The campaign was held on December 1-2, 2020, at Sreekrishnapuram V.T. Bhattathiripad College, Mannampatta, and SVEEP Palakkad. Sri. Murali SK, Manager, Sevak, Palakkad, was the resource person for the program. The campaign was part of the NSS's extension activity and SVEEP Palakkad's Election Awareness Programme for 2020-2021.

The program was designed to introduce the voting machine to new voters and educate them on the voting process. The "Vote Vehicle" was launched to familiarize new voters with the electronic voting machine and promote electoral awareness. The program aimed to encourage new voters to participate in the democratic process and exercise their right to vote.

The outcome of the program was the successful education of new voters on the voting process and promotion of electoral awareness. The benefit of the program was the empowerment of new voters with knowledge on how to cast their vote using electronic machines, promoting inclusive and informed participation in the democratic process, we organized.







Report on Kanivu Cancer Care Project - Helping Hands to Cancer Patients

Programme Details in a Nutshell		
Name of the Event	Kanivu Cancer Care Project - Helping Hands to Cancer Patients	
Nature of the Event	Extension Activity	
Objectives	To provide support and care to cancer patients and their families, including medical treatment, emotional support, and financial assistance, to improve their quality of life and alleviate the burden of cancer.	
Resource person	O.Vasudevan, Palliative Coordinator	
Date and Time	04/02/2020 To 2021-2022 Academic Year	
Duration	2020-21	
Beneficiaries	Cancer patients and their families, who receive comprehensive support and care	
Venue or Platform	Patient's house	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal raj Mohan	
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadampazhipuram	
Outcome / Benefit of the Programme	The benefit of the Kanivu Cancer Care Project is that it provides support and care to cancer patients and their families, improving their physical and emotional well-being, reducing financial burdens, and enhancing their overall quality of life.	



During the 2020-2021 period, our SPARSHAM initiative faced significant challenges due to the COVID-19 pandemic, which limited our ability to conduct home visits. Nevertheless, we continued to provide financial assistance to needy individuals and families. When possible, we resumed home visits, strictly adhering to COVID-19 protocols to ensure safety.

The project is implemented to extend the helping hand to the differently abled people and palliative patients, and to inculcate the values of care and empathy among the new generation in the context of changing social system, to give an opportunity to the Volunteers to be a part of Government's initiative related to palliative work.

The sub projects under Sparsham are Kanivu: To extend the helping hand to Cancer Patients which is inaugurated on 04.02.2020.

The Kanivu Cancer Care Project was an extension activity organized by the National Service Scheme (NSS) unit during the 2020-21 academic year. The project aimed to provide comprehensive support and care to cancer patients and their families, including medical treatment, emotional support, and financial assistance, to improve their quality of life and alleviate the burden of cancer. O.Vasudevan, Palliative Coordinator, was the resource person for the project.

The project was coordinated by Mini K and Kamal Raj Mohan, with the support of the Kanivu Palliative Care Unit, Govt Hospital Kadambazippuram, under the SPARSHAM initiative. The project focused on providing holistic support and care to cancer patients and their families, improving their physical and emotional well-being, reducing financial burdens, and enhancing their overall quality of life.

Despite facing significant challenges due to the COVID-19 pandemic, the project continued to provide financial assistance to needy individuals and families. When possible, home visits were resumed, strictly adhering to COVID-19 protocols to ensure safety. The project demonstrated the NSS unit's commitment to social responsibility and community service, even in the face of adversity.

The outcome of the project was the successful provision of comprehensive support and care to cancer patients and their families, resulting in an improvement in their overall well-being and quality of life.



Gallery



വിടിബി കോള്ള്ലിലെ എൻഎസ്എസ് യൂണിറ്റ് അവ ശൃവസ്തൂക്കളുടെ കിറ്റ് കടമ്പഴിപ്പുറം പാലിയേറ്റീവ് കെയറിന് നൽകുന്നു

കൈത്താങ്ങായി, കനിവിനൊപ്പം

കടമ്പഴിപ്പുറം: സാമൂഹികാരോഗ്യ കേന്ദ്രത്തിന് കിഴിലുള്ള കന ിവ് പാലിയേറ്റിവ് കെയറിന് സഹായ ഹസ്തവുമായി വി.ടി.ബി കോളേജിലെ എൻ എസ്എസ് യൂണിറ്റ്. യൂണിറ്റിന്റെ ഒരു വർ കോന്ദേജ നിൽക്കുന്ന കുറൻസർ കെയർ പ്രോഗാമിന്റെ ഭാഗ മായി കൊവിഡ് പ്രതിസന്ധി മൂലം സാമ്പത്തിക പ്രയാസം നേരിടുന്ന അർബുദ രോഗികൾക്ക് സാന്ത്വനമേകാൻ മുന്നോ ട്രവന്നിരിക്കുകയാണ്.വിടുകളിലേക്കുള്ള അവശ്യവസ്തുകൾ അടങ്ങിയ കിറ്റുകൾ പാലിയേറ്റിവ് പ്രവർത്തകനായ ഒവാസു ദേവന് കൈമാറി. എൻഎസ്എസ് പ്രോഗം ഓഫിസർമാരായ കമൽരാജ് മോഹൻ, കെ. മിനി, വളണ്ടിയർമാരായ പി.സുജി ത്ത്, എസ്പല്ലവി പങ്കെടുത്തു.









Report on Soumyam - PALLIATIVE WORKS (To help a person named as Soumyadiagnosed with Kidney Failure)

	Programme Details in a Nutshell		
Name of the Event	Soumyam – PALLIATIVE WORKS (To help a person named as Soumya- diagnosed with Kidney Failure)		
Nature of the Event	Extension Activity		
Objectives	To extend helping hand to differently abled people and palliative patients, and to inculcate values of care and empathy among the new generation.		
Resource person	Dr. Abbas K.P, Government Hospital Kadampazhipuram		
Date and Time	2020-21		
Duration	2020-21		
Beneficiaries	The differently abled people and palliative patients, including Soumya, a kidney patient who received adoption and support for her medical treatment.		
Venue or Platform	Soumya's house		
Organizing dept./ Cell	National Service Scheme		
Coordinator	Mini K, Kamal raj Mohan		
Associating Agency	Kaniv Palliative Care Unit, Govt Hospital Kadampazhipuram		
Outcome / Benefit of the Programme	The outcome of the program was the successful provision of support and resources to the beneficiaries, improving their quality of life and well-being.		



During the 2020-2021 period, our SPAR SHAM initiative faced significant challenges due to the COVID-19 pandemic, which limited our ability to conduct home visits. Nevertheless, we continued to provide financial assistance to needy individuals and families. When possible, we resumed home visits, strictly adhering to COVID-19 protocols to ensure safety.

The project is implemented to extend the helping hand to the differently abled people and palliative patients, and to inculcate the values of care and empathy among the new generation in the context of changing social system, to give an opportunity to the Volunteers to be a part of Government's initiative related to palliative work.

The sub projects under Sparsham are **Soumyam**: This is a programme initiated to help the differently abled people as part of the programme launched by University of Calicut named 'കൂടെ'.

Adoption of Soumya – A Kidney patient who desperately needs Dialysis regularly and belongs to a poor family was adopted by the Unit. We constructed a road for her and made a monthly allowance of Rs.3,000 to her for meeting the treatment expenses. We initiated this plan in August 2019. We still continue the project.

The Sparsham project was implemented to extend a helping hand to differently abled people and palliative patients, and to inculcate values of care and empathy among the new generation. The project aimed to provide an opportunity for volunteers to be part of the government's initiative related to palliative work, in the context of a changing social system.

One of the sub-projects under Sparsham is Soumyam, a program initiated to help differently abled people as part of the University of Calicut's 'KOODE' program. As part of Soumyam, the unit adopted Soumya, a kidney patient from a poor family who required regular dialysis. The unit constructed a road for her and provided a monthly allowance of Rs. 3,000 to support her treatment expenses.

The Soumyam project was initiated in August 2019 and is still ongoing. The project has made a significant impact on Soumya's life, providing her with access to necessary medical treatment and improving her overall well-being. The project has also helped to raise awareness about the importance of supporting differently abled individuals and palliative patients.

Through the Sparsham project, the unit has demonstrated its commitment to social responsibility and community service. The project has not only provided support to Soumya but has also helped to inculcate values of care and empathy among the volunteers involved. The project serves as a model for other initiatives that aim to make a positive impact on the lives of differently abled individuals and palliative patients.











Report on Soumyam – Adoption of Appu, A Resident of An Adopted Village who was Attacked by an Elephant and Bed Ridden for the Last 3 Years.

Programme Details in a Nutshell		
Name of the Event	Soumyam – Adoption of Appu, a resident of an adopted village who	
	was attacked by an elephant and bed ridden for the last 3 years.	
Nature of the Event	Extension Activity	
Resource person	Dr. Abbas K.P, Government Hospital kadampazhipuram	
Date and Time	2020-21 Academic Year	
Duration	2020-21	
Venue or Platform	APPU'S HOUSE	
Organizing dept./ Cell	NSS	
Coordinator	Mini K, Kamal raj Mohan	
Associating Agency	Under SPARSHAM	
Fund details if any	Kaniv Palliative Care Unit, Govt Hospital Kadampazhipuram	
Outcome	To comprehensive care and support to Appu, improving his overall well-being.	



During the 2020-2021 period, our SPAR SHAM initiative faced significant challenges due to the COVID-19 pandemic, which limited our ability to conduct home visits. Nevertheless, we continued to provide financial assistance to needy individuals and families. When possible, we resumed home visits, strictly adhering to COVID-19 protocols to ensure safety.

The Soumyam - Adoption of Appu program was an extension activity organized by the NSS unit during the 2020-21 academic year. Appu, a resident of the adopted village, was attacked by an elephant and had been bedridden for the last three years. The NSS unit adopted him and made regular visits to take care of his needs, including helping him with bathing, hospital visits, and other activities.

The program was coordinated by Mini K and Kamal Raj Mohan, with the support of Dr. Abbas K.P from the Government Hospital Kadampazhipuram and the Kaniv Palliative Care Unit, Govt Hospital Kadampazhipuram, under the SPARSHAM initiative. One of the volunteers, Sujith C S, regularly helped Appu with physiotherapy sessions to aid in his recovery.

Through the Soumyam - Adoption of Appu program, the NSS unit demonstrated its commitment to social responsibility and community service. The program made a significant impact on Appu's life, providing him with the necessary care and support to improve his quality of life. The regular visits and assistance from the volunteers helped to alleviate Appu's physical and emotional suffering.

The outcome of the program was the successful provision of comprehensive care and support to Appu, resulting in an improvement in his overall well-being and quality of life. The benefit of the program was the positive impact on Appu's life, enabling him to receive necessary medical treatment, emotional support, and social interaction, and promoting a sense of dignity and respect for individuals with disabilities.











2020-21

Report on Soumyam - Adoption of Bindu, A Mentally Retarded Patient

Programme Details in a Nutshell		
Name of Activity	Soumyam – Adoption of Bindu, a Mentally retarded Patient	
Nature of the Event	Extension Activity	
Objectives	To provide comprehensive care and support to Bindu, a mentally retarded patient, and to promote social responsibility and community service among the volunteers.	
Resource person	O.Vasudevan Palliative Coordinator	
Date and Time	2020-21 Academic Year	
Duration	2020-21	
Beneficiaries	Bindu, who received care and support, and the volunteers, who developed empathy and compassion through their participation.	
Venue or Platform	Patient's house	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini K, Kamal raj Mohan	
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadampazhipuram	
Outcome / Benefit of the Programme	The outcome of the program was the positive impact on Bindu's life, enabling her to receive necessary medical treatment, emotional support, and social interaction, and promoting a sense of dignity and respect for individuals with disabilities.	



SPARSHAM - PALLIATIVE WORKS (In association with University Flagship Project - KOODE)

During the 2020-2021 period, our SPAR SHAM initiative faced significant challenges due to the COVID-19 pandemic, which limited our ability to conduct home visits. Nevertheless, we continued to provide financial assistance to needy individuals and families. When possible, we resumed home visits, strictly adhering to COVID-19 protocols to ensure safety.

Introduction

The project is implemented to extend the helping hand to the differently abled people and palliative patients, and to inculcate the values of care and empathy among the new generation in the context of changing social system, to give an opportunity to the Volunteers to be a part of Government's initiative related to palliative work.

The sub projects under Sparsham are;

Soumyam: This is a programme initiated to help the differently abled people as part of the programme launched by University of Calicut named 'കൂടെ'.

Adoption of Bindu – Mentally retarded Patient: In our adopted village, a woman named Bindu has been adopted by our NSS units and makes regular visits to help her. Our volunteers cleaned her and painted her house. They regularly visit her house and make enquiries about her wellness. We also provide her with sufficient medicines and clothes. The project is still going on.

The Soumyam - Adoption of Bindu program was an extension activity organized by the National Service Scheme (NSS) unit during the 2020-21 academic year. The program aimed to extend a helping hand to Bindu, a mentally retarded patient, and provide her with necessary care and support. O.Vasudevan, Palliative Coordinator, was the resource person for the program.

The program was coordinated by Mini K and Kamal Raj Mohan, with the support of the Kanivu Palliative Care Unit, Govt Hospital Kadampazhipuram, under the SPARSHAM - PALLIATIVE WORKS initiative, in association with the University Flagship Project - KOODE. The program focused on providing comprehensive care and support to Bindu, including regular visits, medical assistance, and social interaction.

Through the Soumyam - Adoption of Bindu program, the NSS unit demonstrated its commitment to social responsibility and community service. The program made a significant impact on Bindu's life, providing her with necessary care and support, and improving her overall well-being. The volunteers' regular visits and assistance helped to alleviate Bindu's physical and emotional suffering.

The outcome of the program was the successful provision of comprehensive care and support to Bindu, resulting in an improvement in her overall well-being and quality of life. The benefit of the program was the positive impact on Bindu's life, enabling her to receive necessary medical treatment, emotional support, and social interaction, and promoting a sense of dignity and respect for individuals with disabilities.









Report on Soumyam - Adoption of Arappathth Narayanan (An old aged severe Diabetic Patient)

Programme Details in a Nutshell	
Name of the Event	Soumyam - Adoption of Arappathth Narayanan (An old aged severe Diabetic Patient)
Nature of the Event	Extension Activity
Objectives	To provide comprehensive support and care to an elderly diabetic patient (Arappathth Narayanan) and to promote social responsibility and community service among the volunteers.
Resource person	O.Vasudevan Palliative Coordinator
Date and Time	2020-21 Academic Year
Duration	2020-21
Beneficiaries	Arappathth Narayananettan and his family
Venue or Platform	Patient's house
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini K , Kamal raj Mohan
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadambazippuram
Outcome / Benefit of	The benefit of the project was the positive impact on his life of
the Programme	Arappathth Narayananettan, enabling him to receive necessary medical treatment, emotional support, and social interaction, and promoting a sense of dignity and respect for individuals with disabilities.



During the 2020-2021 period, our SPAR SHAM initiative faced significant challenges due to the COVID-19 pandemic, which limited our ability to conduct home visits. Nevertheless, we continued to provide financial assistance to needy individuals and families. When possible, we resumed home visits, strictly adhering to COVID-19 protocols to ensure safety.

Introduction

The project is implemented to extend the helping hand to the differently abled people and palliative patients, and to inculcate the values of care and empathy among the new generation in the context of changing social system, to give an opportunity to the Volunteers to be a part of Government's initiative related to palliative work.

The sub projects under Sparsham are;

Adoption of Arappathth Narayananettan: An old age man who is a Severe Diabetic patient and removed one leg and facing physical problems too. The volunteers regularly help him to take baths and to go to hospitals. This project has been running for the last three years.

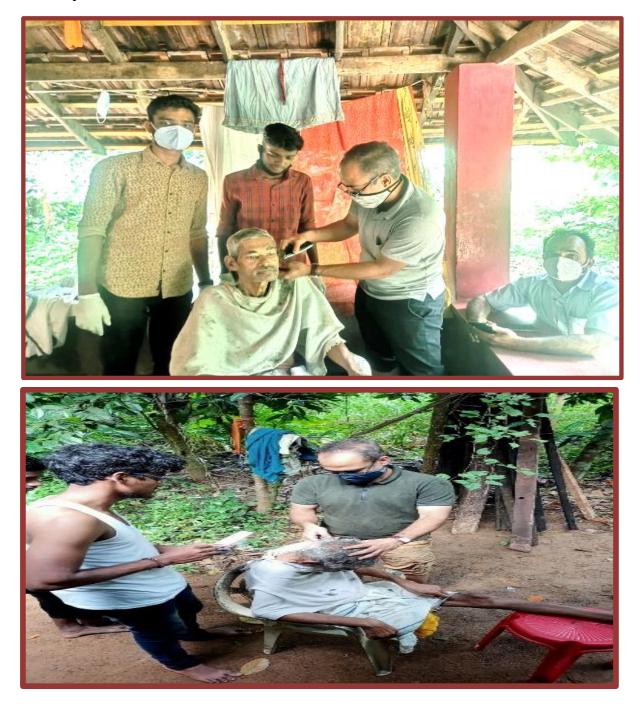
The Soumyam - Adoption of Arappathth Narayananettan project was an extension activity organized by the National Service Scheme (NSS) unit during the 2020-21 academic year. The project aimed to provide comprehensive support and care to Arappathth Narayananettan, an elderly diabetic patient who had undergone leg amputation and faced physical challenges. The volunteers provided regular assistance with bathing and hospital visits, demonstrating their commitment to social responsibility and community service.

The project was coordinated by Mini K and Kamal Raj Mohan, with the support of O.Vasudevan, Palliative Coordinator, and the Kanivu Palliative Care Unit, Govt Hospital Kadampazhipuram, under the SPARSHAM initiative. Despite facing challenges due to the COVID-19 pandemic, the project continued to provide financial assistance and resumed home visits when possible, adhering to safety protocols.

The beneficiaries of the project were Arappathth Narayananettan and his family, who received comprehensive support and care, including medical treatment, emotional support, and social interaction. The project also benefited the volunteers, who developed empathy and compassion through their participation.

The outcome of the project was the successful provision of comprehensive support and care to Arappathth Narayananettan, resulting in an improvement in his overall well-being and quality of life. The benefit of the project was the positive impact on his life, enabling him to receive necessary medical treatment, emotional support, and social interaction, and promoting a sense of dignity and respect for individuals with disabilities.









Report On ARDRAM - Regular Team visit to cancer patients for Palliative works

Programme Details in a Nutshell	
Name of the Event	ARDRAM - Regular Team visit to cancer patients for Palliative works
Nature of the Event	Extension Activity
Objectives	To visit palliative patients
Resource person	O. Vasudevan Palliative Coordinator
Date and Time	Every month
Duration	2020-21
Beneficiaries	Palliative patients
Venue or Platform	Patient's houses
Organizing dept./ Cell	National Service Scheme
Coordinator	Mini K, Kamal raj Mohan
Associating Agency	Kanivu Palliative Care Unit, Govt Hospital Kadampazhipuram
Outcome / Benefit of the Programme	Regular team visits to cancer patients gave then emotional support and care



The NSS units of VTB College organized a regular team visit to cancer patients for palliative care. Volunteers interacted with patients, offering emotional support and comfort. They distributed essential items like fruits, blankets, and toiletries. The team also provided assistance with daily tasks, enabling patients to feel more comfortable. This visit brought smiles to the patients' faces and hope to their families. The volunteers' selfless efforts made a significant impact, demonstrating the power of compassion and care. The NSS unit is committed to continuing this noble initiative, making a difference in the lives of those in need.







REPORT ON KAKKACHI@VTB - Waste Management System (In association with IRTC Mundur)

Programme Details in a Nutshell		
Name of the Event	KAKKACHI@VTB - Waste Management System (In association with IRTC Mundur)	
Nature of the Event	Extension Activity	
Objectives	To clean government Kadampazhipuram hospital	
Resource person	Dr. Abbas, Medical officer Kadampazhipuram Hospital	
Date and Time	10/11/2020	
Duration	2020-2021	
Beneficiaries	Patients	
Venue or Platform	Govt. Kadampazhipuram hospital	
Organizing dept./ Cell	NSS	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	IRTC Mundur	
Fund details if any	Nil	
Outcome / Benefit of the Programme	The programme ensured a hygienic environment for patients and staff	



The NSS unit of VTB College conducted a cleanliness drive at the Government Hospital in Kadampazhipuram. Volunteers actively participated in sweeping, mopping, and sanitizing the hospital premises, including wards, corridors, and toilets. The team also cleared weeds and cleaned the surrounding areas. The hospital's atmosphere was transformed, ensuring a hygienic environment for patients and staff. The initiative demonstrated the volunteers' commitment to community service and public health. The successful event was appreciated by hospital authorities, and the NSS unit looks forward to continuing such socially responsible activities.







Report on Democracy Awareness Programme

Programme Details in a Nutshell		
Name of the Event	Democracy Awareness Programme	
Nature of the Event	Extension Activity	
Objectives	To educate students about the importance of democracy, voting rights, and civic responsibilities.	
Resource person	Sri. Said Muhammed V P, HQDT, Taluk Office Pattambi and State Level Master Trainer, Election Commission of India	
Date	05 th March 2021	
Period of Activity	2020-2021	
Beneficiaries	The beneficiaries of the Election Awareness Programme are the citizens, particularly young voters, who gain knowledge and skills to participate actively and responsibly in the democratic electoral process, as well as the broader community and democracy as a whole, which benefits from increased civic engagement and informed decision-making.	
Venue or Platform	Palakkad	
Organizing dept./ Cell	NATIONAL SERVICE SCHEME	
Coordinator	Mini K, Kamal Raj Mohan	
Associating Agency	Sveep	
Outcome /	The outcome of the program was the successful education and	
Benefit of the	awareness of students about democracy and voting rights, resulting	
Programme	in increased knowledge and understanding.	

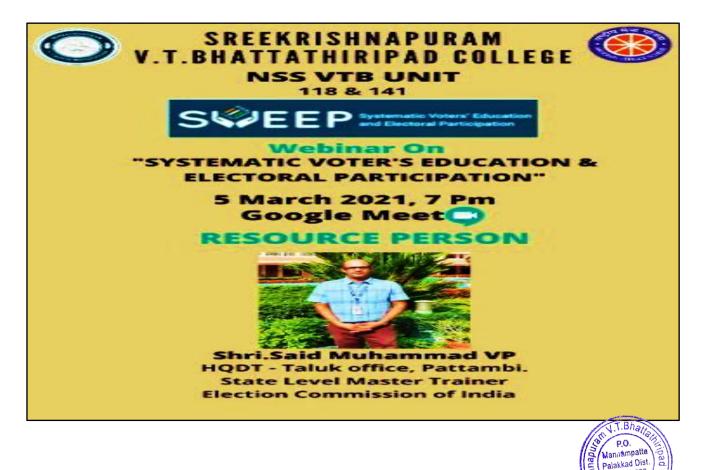


The Democracy Awareness Programme was conducted among class students on 05.12.2021, through Google Meet, by Sri. Said Muhammed V P, HQDT, Taluk Office Pattambi, and State Level Master Trainer, Election Commission of India. The program aimed to educate students about the importance of democracy, voting rights, and civic responsibilities.

The program was attended by students, Programme Officers, and Volunteers, who actively participated in the discussion and Q&A session. Sri. Said Muhammed V P shared valuable insights into the democratic process, emphasizing the significance of informed and responsible citizenship.

The program was highly engaging, with students asking thoughtful questions and sharing their perspectives on democracy and voting rights. The Programme Officers and Volunteers played a crucial role in facilitating the discussion and ensuring a smooth conduct of the program.

The outcome of the program was the successful awareness and education of students about democracy and voting rights, empowering them to become informed and responsible citizens. The benefit of the program was the promotion of democratic values and civic responsibilities among the students, contributing to a more informed and engaged electorate in the future Taking Awareness Class by Sri. Said Muhammed V P, HQDT, Thaluk Office, Pattambi









Report on Career Guidance Seminar to Plus Two Students of HSS Sreekrishnapuram.

Programme Details in a Nutshell		
Name of the Event	Career Guidance Seminar to Plus Two students of HSS Sreekrishnapuram.	
Nature of the Event	Extension Activity	
Objectives	To provide guidance and support to Plus Two students in making informed decisions about their future careers and to empower them with knowledge and skills necessary to navigate the complex career landscape.	
Resource person	Santhosh Kalagramam, Career Guidance counsellor	
Date and Time	18th February 2021	
Duration	1 day	
Beneficiaries	Plus Two students of Sreekrishnapuram, who received guidance and support in making informed decisions about their future careers.	
Venue or Platform	Higher Secondary School, Sreekrishnapuram.	
Organizing dept./ Cell	National Service Scheme	
Coordinator	Mini. K , Kamal Raj Mohan	
Associating Agency	Kerala State YuvaJana Kshema Board	
Outcome / Benefit of the Programme	The outcome of the program was the guidance and support given to Plus Two students, empowering them to make informed decisions about their future careers.	



The National Service Scheme (NSS) unit of Sreekrishnapuram VT Bhattathiripad College organized a Career Guidance Seminar for Plus Two students of HSS Sreekrishnapuram on 18/02/2021 at Higher Secondary School, Sreekrishnapuram. The objective of the seminar was to provide guidance and support to students in making informed decisions about their future careers. The seminar aimed to empower students with knowledge and skills necessary to navigate the complex career landscape.

The seminar was led by Santhosh Kalagramam, a renowned Career Guidance counselor, who shared valuable insights and expertise with the students. The students actively participated in the seminar, engaging in interactive sessions and seeking guidance on various career-related topics. The seminar covered topics such as career exploration, goal setting, and skill development.

The program was organized in association with Kerala State YuvaJana Kshema Board and was coordinated by Mini K and Kamal Raj Mohan. The seminar was attended by a large number of Plus Two students from Sreekrishnapuram, who benefited from the guidance and support provided. The program was a huge success, with students expressing gratitude for the valuable insights and guidance received.

The outcome of the program was the empowerment of Plus Two students with knowledge and skills necessary to make informed decisions about their future careers. The benefit of the program was the provision of guidance and support to students, enabling them to navigate the complex career landscape and achieve their goals.



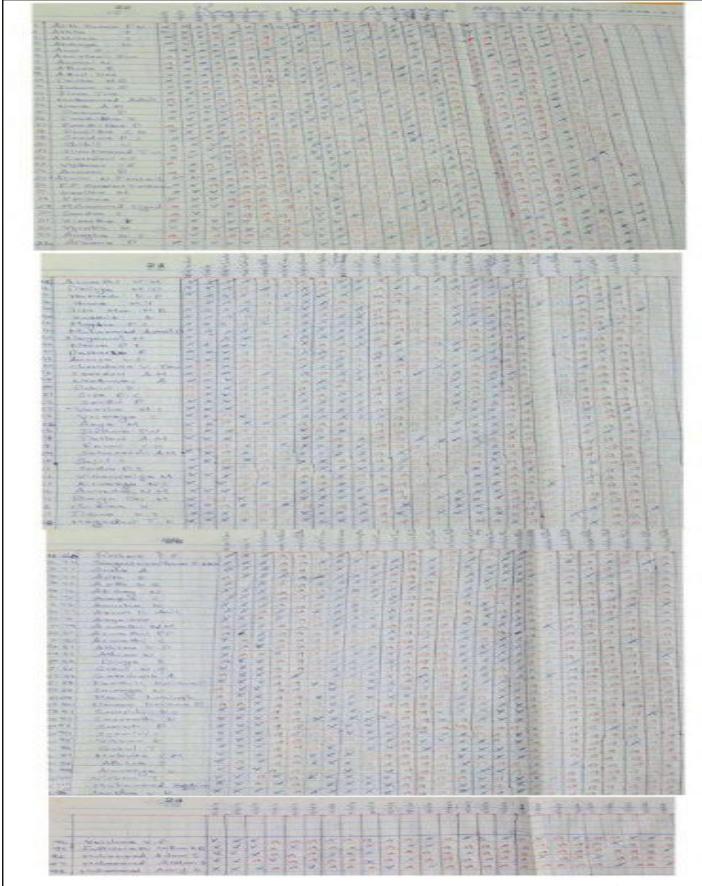








List of Participants



PRINCIPAL Sreekrishnapuram VI Bhattathiripad College Mannampatta, Palakkad - 678633

